

Form # 2. Kicho Ee Bu

“H”

Feature: high punch, high block

1. Turn left, low block
2. Step forward, high punch
3. Turn right, low block
4. Step forward, high punch
5. Turn left, low block
6. Step forward, high block
7. Step forward, high block
8. Step forward, high block (Kihap)
9. Turn left, low block
10. Step forward, high punch
11. Turn right, low block
12. Step forward, high punch
13. Turn left, low block
14. Step forward, high block
15. Step forward, high block
16. Step forward, high block (Kihap)
17. Turn left, low block
18. Step forward, high punch
19. Turn right, low block
20. Step forward, high punch